

SCHEDULE OF EVENTS

RUGBY VARSITY TRACK MEETS

TRACK EVENTS WILL START AT 11:15 AM.

4 x 800 METER RELAY	GIRLS - BOYS
300 METER HURDLES	GIRLS - BOYS
100 METER DASH	GIRLS - BOYS
4 x 200 METER RELAY	GIRLS - BOYS
1600 METER RUN	GIRLS - BOYS
4 x 100 METER RELAY	GIRLS - BOYS
400 METER DASH	GIRLS - BOYS
100 METER HURDLES	GIRLS
110 METER HURDLES	BOYS
800 METER RUN	GIRLS - BOYS
200 METER DASH	GIRLS - BOYS
3200 METER RUN	GIRLS - BOYS
4 x 400 METER RELAY	GIRLS - BOYS

#1 FIELD EVENTS

SHOT PUT - BOYS
JAVELIN - BOYS
HIGH JUMP - BOYS
DISCUS - GIRLS
LONG JUMP - GIRLS
TRIPLE JUMP - BOYS
POLE VAULT - GIRLS

#2 FIELD EVENTS

SHOT PUT - GIRLS
JAVELIN - GIRLS
HIGH JUMP - GIRLS
DISCUS - BOYS
LONG JUMP - BOYS
TRIPLE JUMP - GIRLS
POLE VAULT - BOYS

1. #1 FIELD EVENTS WILL START AT 10:30 AM. - #2 FIELD EVENTS WILL FOLLOW
2. SHOT PUT, JAVELIN, AND DISCUS WILL BE 3 THROWS IN PRELIMS WITH THE TOP 9 GOING TO FINALS AND 3 THROWS IN FINALS.
3. LONG JUMP & TRIPLE JUMP WILL BE ALLOWED 60 MINUTES TO GET 3 JUMPS IN WITH THE TOP 9 GOING TO FINALS AND 3 JUMPS IN FINALS